

Spring Awakening is a show which deals with intense subject matters, sexual content, and themes of abuse and oppression. This content is not recommended for those under the age of 14 or for whom this extended content warning is intended to support patrons who might be triggered by certain events.

It is important to acknowledge that while this play is set in the past, the topics, themes, and subject matter are relevant today more than ever. While challenging, we encourage individuals to embrace these subjects with the care and compassion as the artists who bring this story to life on the stage.

The following is content which will be depicted on stage.

- Systems and Structures
 - Oppressive religion, sexism, ageism, classism
- Parental abuse
 - Grooming of minors for abuse, physical abuse of children by adults including teachers and parents, verbal abuse
- Violence
 - Domestic violence; assault; depictions of self harm; the suggestion of suicide with a razor and a suicide by gun; weapons: a gun, a razor
- Sexual Content
 - Puberty; sexual fantasizing; sexual activity including kissing, caressing, spanking/switching, intercourse, masturbation, and group masturbation; nudity; heterosexuality; homosexuality; pregnancy, reproductive education, abortion
- Language
 - Verbal harassment/abuse, explicit language

While this production will endeavor to handle these subjects with great care, uncomfortable or overwhelming emotions can sometimes accompany content of this nature. Below are some resources we've compiled to support our patrons in their experience: [link all resources below to 5th web pages]

- **Somatic Care Practices** - simple activities you can utilize at home or in your theater seat to reduce stress or calm heightened emotions
- [Resources to local organizations and groups that contribute to community care or wellness](#)
- [Sensory Guide](#) - our partners at Sensory Access will observe dress rehearsals and prepare a sensory guide that provides a scene by scene breakdown of the different auditory impacts (loud volume/high pitch/complex sound), visual impacts, and emotional impacts of the production and help folks know what to expect without any major spoilers The Sensory Guide will be available on this webpage by June 6th.
- [Inside The Musical guide](#)- our dramaturgical guide and reference, giving extended context to the making of the musical